

1st visit

- 45min appointment
- Comprehensive history taking
- Blood tests
- Examination if needed

2nd visit

- 30min appointment
- Review result
- Give results
- Mental health assessment
- Arrange for referrals if need be (psychiatrist/psychologist)

3rd visit

- 30 min appointment
- Agree on management
- Prescribe medication if need be
- Arrange future follow up